


if
 you would like to be
 salt
 you would like to be
 light and leaven
 in the world...

Have you ever heard of the VDBs?



For more information you can write to: Istituto Secolare Volontarie di Don Bosco, Via Aureliana, 53 00187, Roma Italy • e-mail: segreteria@istitutovdb.it - www.volontariedonbosco.org

VDB


Grafiche La Roca - Italy - phone: +39 095 931661

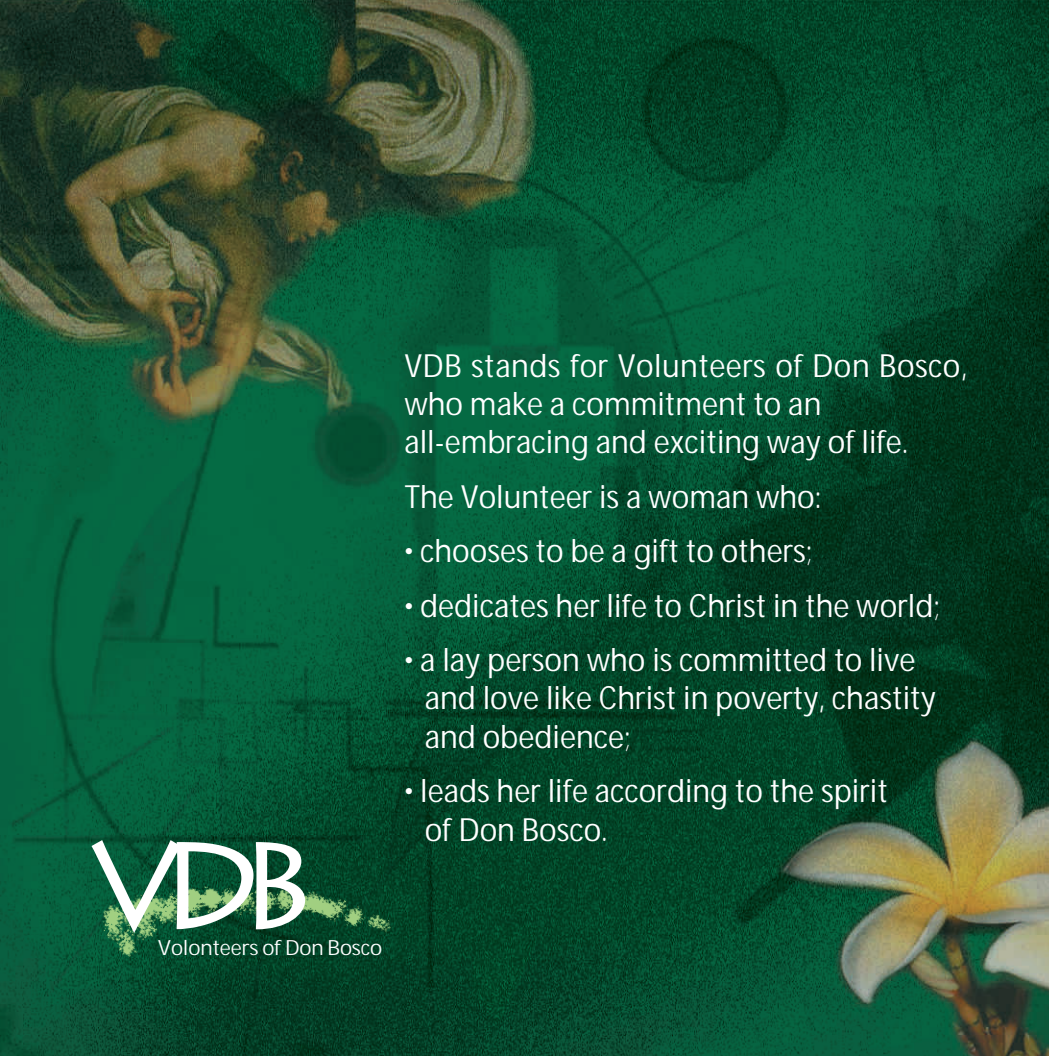
VDB
 Volunteers of Don Bosco



Have you been
 asking yourself
 what to do with
 your life?

Would you like to understand God's will for you?



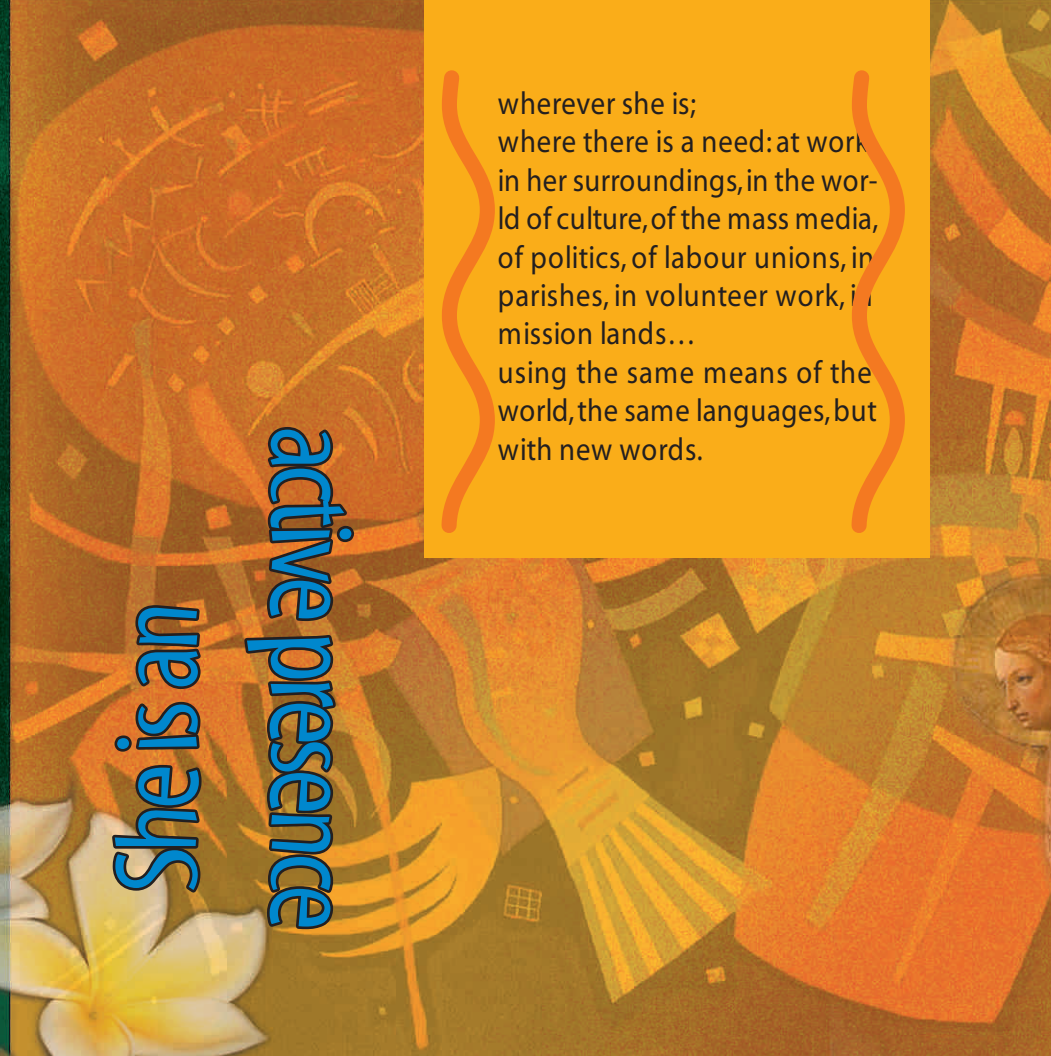


VDB stands for Volunteers of Don Bosco, who make a commitment to an all-embracing and exciting way of life.

The Volunteer is a woman who:

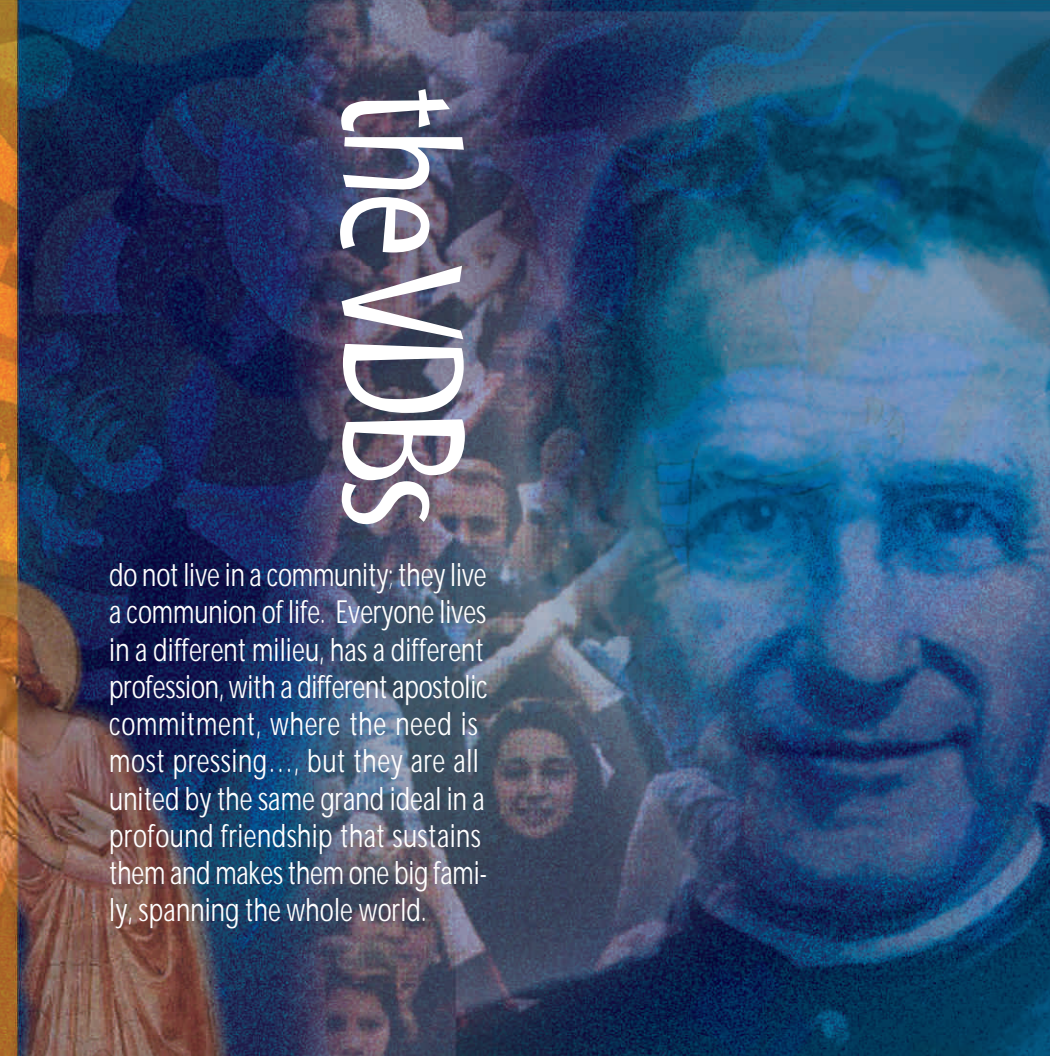
- chooses to be a gift to others;
- dedicates her life to Christ in the world;
- a lay person who is committed to live and love like Christ in poverty, chastity and obedience;
- leads her life according to the spirit of Don Bosco.

VDB
Volunteers of Don Bosco



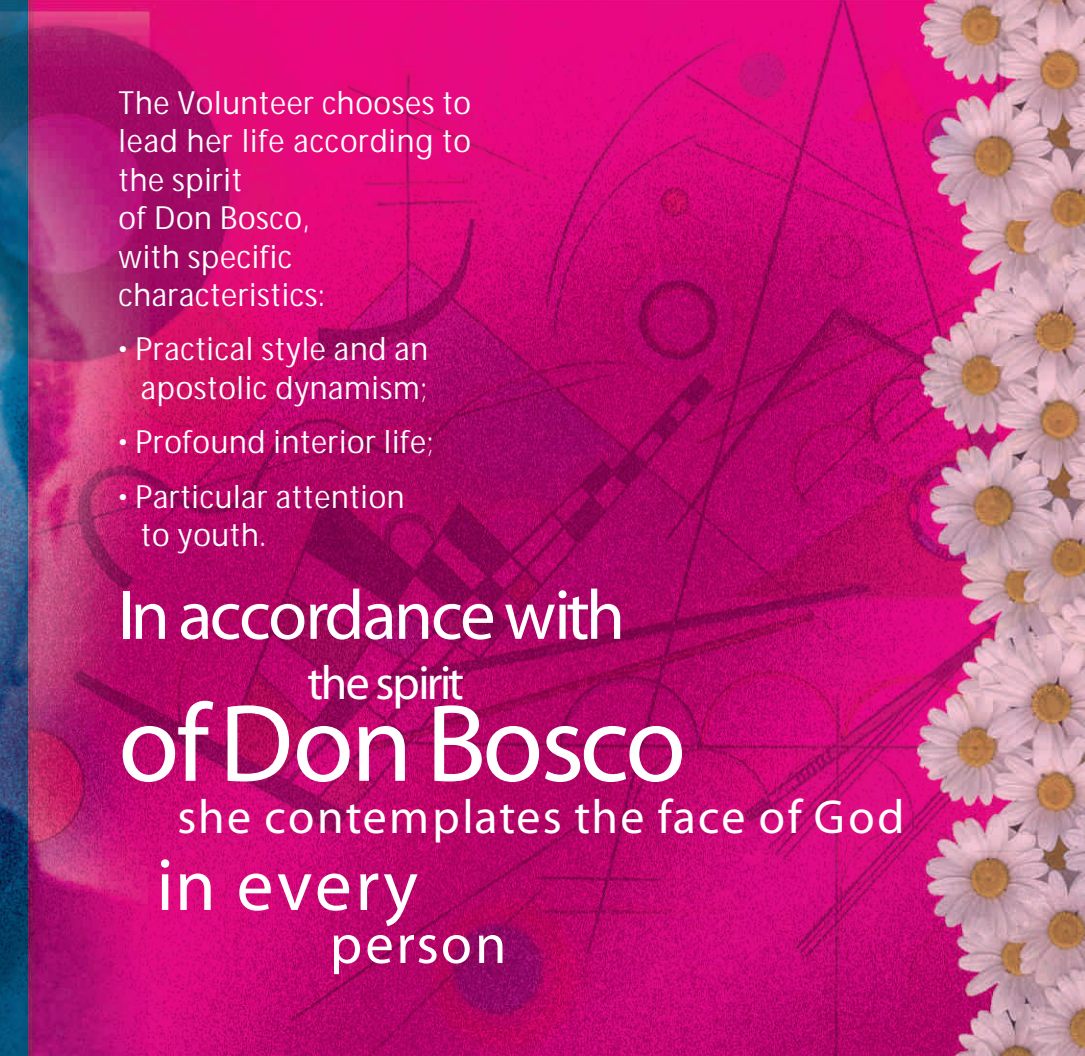
She is an
active presence

wherever she is;
where there is a need: at work
in her surroundings, in the world
of culture, of the mass media,
of politics, of labour unions, in
parishes, in volunteer work, in
mission lands...
using the same means of the
world, the same languages, but
with new words.



the VDBs

do not live in a community: they live
a communion of life. Everyone lives
in a different milieu, has a different
profession, with a different apostolic
commitment, where the need is
most pressing..., but they are all
united by the same grand ideal in a
profound friendship that sustains
them and makes them one big family,
spanning the whole world.



The Volunteer chooses to
lead her life according to
the spirit
of Don Bosco,
with specific
characteristics:

- Practical style and an apostolic dynamism;
- Profound interior life;
- Particular attention to youth.

In accordance with
the spirit
of Don Bosco
she contemplates the face of God
in every
person